



**3rd & 4th Class**  
**Art**



## Indigenous Quiz

**01 Who does the term 'indigenous peoples' refer to?**

- A** The first people to live in a place.
- B** A group of people that are highly intelligent.
- C** Explorers who settled in other countries.
- D** People who dig large holes to live in.



**02 Can you name one of the Native American tribes Múinteoir John mentioned?**

**03 Which explorer is said to have discovered America in 1492?**

- A** Captain Cook
- B** Marco Polo
- C** Christopher Columbus
- D** Bear Grylls



**04 Can you name one of the negative effects the explorers had on America's indigenous peoples?**



## Indigenous Quiz

**05** In 1620 a group of English people, known as the Pilgrims, sailed to America to start a new life. The indigenous people helped them grow crops and hunt animals. At the end of their first year, the Pilgrims held a huge feast for the indigenous peoples. What is this yearly celebration known as?



- A** Independence Day
- B** New Year's Eve
- C** Mardi Gras
- D** Thanksgiving Day



## Dreamcatchers

The Ojibwe, an indigenous people who live in the United States and Canada, originally created dreamcatchers. In Ojibwe culture, spiders are viewed as protectors. As their legend goes there was a spider woman who protected children while they slept by spinning a web above their heads. This web would catch bad dreams and not let them enter the heads of the children asleep below.



As the Ojibwe people spread out across the country, they believed the spider woman could not reach every child, so they began to make dreamcatchers instead. So, let's do as the Ojibwe do and make a dreamcatcher to catch any of your bad dreams, and make sure you only have good ones.



# Make a Dreamcatcher

**What you need** – Paper plate, scissors, ribbon / string / wool, glue, beads, feathers, a pencil, sticky tape, anything else you have to decorate it.

## Method –

- 01** Cut out the middle part of the plate.
- 02** Paint, colour, or wrap the ring in coloured wool like Múinteoir John.
- 03** Poke eight holes evenly around the circle on the inner half of the ring and 3 holes on the outer half of the ring for the strings that will hold the feathers
- 04** Cut a long length of ribbon and thread an end of it through the plate and tie off or tape to the back to secure it.
- 05** Thread the ribbon over and back across the ring until every hole is filled. If you have beads add them to the ribbon every so often.
- 06** Cut three pieces of ribbon or wool, one piece longer than the others, and tie them onto the 3 holes on the bottom of the dreamcatcher.
- 07** Add beads to the wool and tie the ends so the beads don't fall off.
- 08** Put glue inside the end bead and stick in the end of the feather.
- 09** Add any decorations you have e.g glitter, stickers, pop poms etc. If you didn't cover the ring in wool you could write some sleepy words around the edges e.g. Sweet dreams, Zzzz, Sleepy, doze, siesta, slumber.
- 10** Add a loop of ribbon or wool to the top of your dream catcher so you can hang it up.





# Make a Dreamcatcher

## Sweet Dreams!

And as soon as you wake up, why not write your dreams down in a Dream Diary. It could be interesting to read back on them in the future. Dreams can give you inspiration for writing weird and wonderful stories. Keep a pen and notebook beside your bed because we tend to forget a lot of the details of our dreams after we get up.

**Let us know any funny dreams you've had lately.**



# Jokes

## Why did the boy put a sweet under his pillow?

So he would have sweet dream.

## What do you call a sleepy woodcutter?

A slumberjack

## Where does a secret spy sleep?

Undercover

## What does a scuba diver wear to bed?

A snore-kel!



**Answers:** 1. = A. 2. Cherokee, Apache, Navaho, Ojibwe Tribes. 3. = C. 4. The explorers brought new diseases to America that killed a lot of the indigenous people. The explorers mistreated the indigenous people and disrespected their traditions and way of life. 5. = D.