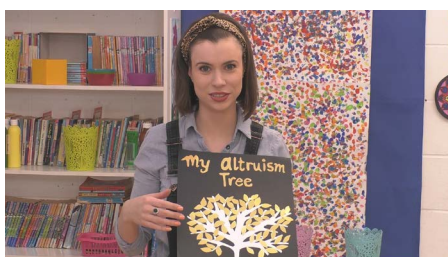
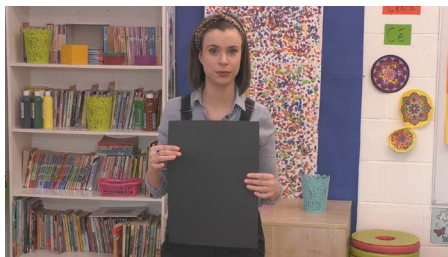




Make & Do: Altruism Tree

What you'll need: Coloured card, pencil, scissors, glue, tinfoil / metallic Paint / ordinary paint.

What to do:



01 Choose a dark or striking colour for the background.

02 Draw the outline of your tree. Make sure you draw lots of branches.

03 Cut out the tree shape and glue it on to the sheet of card. You could also paint the tree directly on to the sheet instead of making a tree separately and gluing it. It's up to you!

04 Draw the shapes of leaves on card and cut them out. You can paint the leaves with metallic paint if you have it, or use tinfoil. If you don't want them to be metallic, you can just use ordinary paint.

05 Now that the tree is ready, all you need to do is make it blossom with good deeds! Each time you do a good deed, write it on a leaf.

06 Remember that saving people's lives by staying in and making sure to wash your hands, is the most wonderful form of altruism any of us can do!



The 'Good News Gazette'

Now that you've made your tree, why not create your very own 'Good News' newspaper, to spread some 'altruistic' vibes to others? Have a look for articles in newspapers, magazines and online, that feature positive and selfless things people (or animals!) have done for others recently.

Here's a newspaper template to give you an example of what you can create and design, then fill the paper with the stories and pictures you have sourced. You can write the stories and draw images yourself, or stick articles into it, if you can print them out.

Current Press

Good News Gazette

STORIES TO MAKE YOU FEEL SWELL!

World Lifestyle Travel Sport Weather

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